

21. No Entry monies will be refunded, unless the organizers reject an entry.
22. The Organisers reserve the right to adjust or reclassify the category of a team during registration or for final results. They may also extend the cut-off date for entries, at their discretion.
23. Medals will be awarded to all members of a team completing the relay. Gold, Silver and Bronze medals are awarded to all the different categories of teams that are eligible to compete for prize-money : Clubs, Corporates, High and Primary Schools.
24. Managers or captains of teams are to collect their awards in the marquee at 17h00.
25. TOG-BAG FACILITY: Will be available at the marquee at own risk. No loose items will be accepted. Do NOT place/leave valuables in the tog-bag. The organisers will exercise vigilance, but will not be liable for any losses that may arise.
26. A medical facility to deal with emergencies will at the marquee.
27. SAFETY : For safety reasons, the use of personal music players/headphones during road races is strongly discouraged. Any person using such device in contravention of IAAF rule 144.3b, who fails to obey a reasonable instruction from a race official, may be disqualified and not be eligible for individual or team prizes.
28. All schools team members must be under the supervision of an adult, whose Name must be furnished under/alongside that of the team Captain or Manager.
29. ELECTRONIC CHIP TIMING : Each team will be supplied/loaned an electronic timing chip. It and the baton needs to be returned to an appointed official by cut-off time at 17h00, or the captain will be held responsible for the replacement cost of R80.
30. PRIZE MONEY : CLUBS Men & Women

	Open	40 - 49	50 - 59	60 +	12 to 19	Medals
1.	R1000	R 600	R 600	R 500	R 500	Gold
2.	R 500	R 300	R 300	R 250	R 250	Silver
3.	R 250	R 200	R 200	R 150	R 150	Bronze

NOTE : Should any Club age category have less than 10 participating teams, that specific category prize money will be halved.

Corporate and Schools Teams : OPEN only - no distinction between male or female teams, or mixed teams: School Teams will be separated into Primary School or High School Teams :

1st = R1000 + Gold medals 2nd = R 500 + Silver medals 3rd = R250 + Bronze medals.

Note : As with clubs, should any of the Corporate, High Schools or Primary Schools categories, not have at least 10 participating teams, will result in prize money being halved.

PRIZE GIVING is at 17h00 hrs in the Marquee for all Team Captains.



ENTRY FORM

The Original
& Real !

CAPE TOWN FESTIVAL of RUNNING

Organised by Hewat Athletics Club

11th CAPE TOWN

25 kilometer 5 x 5km TEAM RELAY

Run under the Rules of Athletics South Africa and W.P.A

CAPE TOWN | SOUTH AFRICA Saturday 26 September 2015 12 noon

Entries must be received by 21 September 2015

Walk teams welcome

Online entries at <http://racetraq.co.za>



WESTERN PROVINCE ATHLETICS
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Supported by the Two Oceans Marathon NPC

Festival
R1000 Cash
Lucky Draw

R500
Sportsmans
Warehouse
vouches!

Exciting
LUCKY
DRAW
prizes!

Captains
Goody-Bag
1st 100
Teams Entered

Medals
for all
finishers