



THE CONSTANTIA VILLAGE

The Constantia Village

K-Way VOB

15km Road Race

12 March 2022



Start at The Constantia Village Shopping Centre, Constantia Main Road, Constantia.
R140 entry fee for licensed athletes | R190 entry fee for unlicensed athletes

RISE TO THE CHALLENGE

After taking a break due to lockdown in 2021, The Constantia Village K-Way VOB 15 km road race is back! Whether you are taking on your first 15km, preparing for a half marathon or marathon or aiming to smash your personal best, this race is a must-run.

Hosted by K-Way VOB Running Club, the race allows runners and social walkers to experience some of the most scenic routes in the City. All finishers will qualify for medals and fantastic prizes and giveaways made available by The Constantia Village tenants.

A special **lucky draw of a R1 000 The Constantia Village voucher** is also available for finishers who spend R100 at participating stores (see last page) between 12 March and 12 April.

GENERAL INFORMATION

Limit on entries: 2000 entries

Start: The Constantia Village Shopping Centre

Start time: 06:10 for batch A

Batches: 6 batches of 300 athletes and 1 of 200 athletes starting 3 minutes apart will be used (batches may be altered closer to the time if COVID-19 regulations changes or if numbers require this)

Finish: Alphen Common

Cut-off: 150 minutes

Tog bag facility: A tog bag facility will be available. Runners must mark their tog bags with the tag provided.

Refreshments: Water will be provided in cups at 5km and 10km. Coca Cola will be provided at 10km and the finish.

Parking: Limited parking is available at and around The Constantia Village

Ablution facilities: Toilets will be available inside the Constantia Village Shopping Centre (after passing screening) as well as on the Alphen Common.

ENTRIES AND REGISTRATION

Entry fee: R140 for licensed athletes, R190 for unlicensed athletes (includes temporary ASA licence)

Only online entries will be accepted. Enter at www.racetraq.co.za before 3 March 2022. No entries will be permitted at registration or on race day.

Registration will be on 10 and 11 March between 11:00 and 18:00 at the Cape Union Mart store in Constantia Village and Cape Union Mart's Canal Walk Adventure Store. Athletes will be required to complete an online COVID-19 screening questionnaire before a race number will be issued.

No refunds will be given on entry fees. Online substitutions are possible at no charge prior to 5 March 2022.

All athletes are required to provide an estimated completion time for seeding purposes.

PRIZES FOR 15KM ROAD RACE

Men & Women	Open	15 – 19	40 - 49	50 – 59	60 - 69	70+
1 st	R1 500	R750	R750	R750	R750	R750
2 nd	R1 000	R500	R500	R500	R500	R500
3 rd	R800	R400	R400	R400	R400	R400

**Juniors must be younger than 19 years or younger on 31 December 2022.*

AGE TAGS

Runners need to wear appropriate age category tags to qualify for prizes.

SPOT PRIZES AND LUCKY DRAW

All entrants qualify for valuable spot prizes provided by The Constantia Village tenants. Winners will be notified by e-mail.

To enter the lucky draw for a R1000 The Constantia Village shopping voucher, you need to spend R100 at a participating The Constantia Village store. To enter, you need to write your name and race number on the back of your till slip and deposit this in the box provided at the information desk in the mall before 12 April 2022. The winner will be notified by email.

RACE RULES AND REGULATIONS

The race is run under the rules of the WA, ASA and WPA. Rules are available at www.wpa.org.za or on request from the organisers or at the WPA office.

Wheelchair athletes must please contact the organisers before entering the race.

The race takes place under the regulations of the Disaster Management Act. Athletes must familiarise themselves with the special conditions and the COVID-19 protocols for this event provided at www.racetraq.co.za. Failure to adhere to the rules or COVID-19 protocols may result in disqualification.

The organisers, sponsors, landlord and its employees, agents, representatives, managers, or any other person acting under the landlord's control (collectively called "the owners"), WPA & ASA shall not be liable for any claim, costs, loss, or damage arising or suffered by any person participating in this activity, including but not limited to personal injury or death, or any harm caused to any person or for damages, loss or destruction of any property of any person arising from negligence by the owners or theft or from any other cause whatsoever.

Please support our co-sponsors by shopping at their stores in the Constantia Village:



All entrants to the race qualify to be selected for spot prizes from these sponsors. Winners will be notified by e-mail.