

# **GENERAL INFORMATION**

- A Race starts at 07h30 on Sunday 2 September 2018.
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  m I}$  Race starts and finishes at the Noordhoek Sports Fields, off Noordhoek Main Rd.
- A This is a "BRING-YOUR-OWN-WATER" race there will be two water tables to refill your bottle en route.
- m I The course has been measured by WPA using a Clane Jones device.
- ${}^{\bigstar}$  The race is run in accordance with ASA and WPA road event rules.

### ⊀ Entries:

- OPEN Monday, 23 July 2018.
- Enter online at **www.racetraq.co.za**.
- CLOSE at 1250 entrants or at 12h00, Friday 24 August 2017.
- T-shirt orders will close on Friday 17 August 2017.
- NO LATE ENTRIES after Friday 24 August 2017.

### ⊀ Entry fees:

- R70 for licensed athletes.
- R115 for unlicensed athletes (R70 + R45 for temporary license).
- There is an **additional 10% fee for online entries**. Those who cannot make online payments may pay cash at registration or on race day.
- Optional donation to our charity, TEARS (The Emma Animal Rescue Society).

#### ⊀ Substitutions:

- No substitutions after 12:00, Friday 24 August 2018.
- Free on-line substitutions if done before entries close.
- Substitution entries only available for collection at registration and on Race Day.
- <sup>A</sup> Race packages & pre-ordered T-shirts are to be collected from SPORTSMAN'S WAREHOUSE, RONDEBOSCH from 10 am to 4 pm on SATURDAY 1 SEPTEMBER 2018, or at Satori Club on race day.
- 🕺 Special Satori Camel Run commemorative prize to all runners who finish.
- A Refreshments will be on sale before and after the race.
- 🕴 Tog bag facilities will be provided at owners' risk.
- For general race information, contact Craig Farham on 082 410 0261 or info@camelrun.co.za

## FULL RULES

- <sup>1</sup> This is a "BRING-YOUR-OWN-WATER" race: water will be provided en route at two refill points.
- A One race number (bib) will be issued to each runner.
- Registered athletes must wear their ASA licences on the front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA licence, so that the ASA licence sponsor remains visible.
- Temporary licensed runners must wear the race number on the front of their vest and the temporary licence on the back.
- I Temporary license holders when registering must complete and hand in the tear-off strip from the temporary license in order to be eligible to compete.
- A Non-club runners should wear plain clothing without advertising.
- Participants may enter the age category corresponding to their chronological age or any younger category down to senior (20–39).
- Age category tags (e.g. 40, 50, 60, etc.) must be worn front and back AND VISIBLE AT ALL TIMES to qualify for age category prizes. Both permanent and temporary licensed athletes qualify for age category prizes provided athletes enter the relevant age group, wear appropriate age tags and provide proof of age. In addition to overall (Open) prizes, participants will only be eligible for an age category that they enter.
- JUNIORS (born 1999 or later) wearing a junior or senior license must display 'J' category tags to qualify for age group prizes. Juniors will count towards Open team prizes.
- 🕴 Participants must be **16 years or older** on the day of the race.
- A Race card will be printed as part of the race number this must be torn off and placed in the finishing position sleeve after completing the race. The sleeve is then to be placed on the finishing board.
- Club colours must be worn to qualify for team prizes.
- ${}^{\mathcal{A}}$  The use of music players with headphones is not allowed and may result in disqualification.
- 🖈 No personal seconding will be permitted except at the water re-fill points.
- A Cut-off time for the race is 10h15.
- A Only persons present at the prize giving will be eligible for lucky draw prizes.
- I Detailed rules are available on www.wpa.org.za or on request from the organizers or the WPA office.

## PRIZES

#### KING AND QUEEN OF THE MOUNTAIN

#### Hampers MEN AND WOMEN

	16–19	Open	40–49	50-59	60–69	70+
lst	R250	R600	R400	R350	R350	R300
2nd	R150	R300	R250	R200	R200	R200
3rd	R100	R200	R150	R150	R150	

### TEAM PRIZES (club colours to be worn to qualify)

Open Men: 4 x R250 Open Women: 4 x R250

CAPE POINT

OUARE



WESTERN PROVINCE ATHLETICS Race flyers and results www.wpa.org.za wpa-subscribe@yahoogroups.com





