

GENERAL INFORMATION

- ⊀ Race starts at 07h30 on Sunday 3 September 2017.
- $m {\it I}$ Race starts and finishes at the Noordhoek Sports Fields, off Noordhoek Main Rd.
- 🕴 Prize-giving takes place at 10h15 (cut-off time).
- A This is a "BRING-YOUR-OWN-WATER" race there will be two water tables to refill your bottle en route.
- m I The course has been measured by WPA using a Clane Jones device.
- 术 The race is run in accordance with ASA and WPA road event rules.

⊀ Entry fees:

- R70 for licensed athletes.
- R110 for unlicensed athletes.
- Optional donation to our two charities, **Tears** and **Living Hope Hospice**.

Entries:

- OPEN Monday, 17 July 2017.
- Enter online at www.racetraq.co.za (no additional fee).
- CLOSE at 1250 entrants or at 12h00, Friday 4 August 2017.
- No late entries will be accepted.
- An additional 50 charity entries will then become available at R270 each, proceeds going to Tears and Living Hope Hospice.
- Entries will be cancelled if payment is not received within 14 days.

🧍 The final entry:

- The 1301st entry will be auctioned off to the highest bidder.
- Minimum bid R270, all proceeds going to our charities, Tears and Living Hope Hospice.
- Auction will close at 12h00, Friday 25 August 2017.
- Winning bid will automatically receive a free entry for next year's race.

🕴 Substitutions:

- A fee of R50 will be charged for substitutions.
- No substitutions after 25 August 2017.
- Substitution entries only available for collection on Race Day.
- A Race packages & pre-ordered T-shirts are to be collected from SPORTSMAN'S WAREHOUSE, RONDEBOSCH from 10 am to 4 pm on SATURDAY 2 SEPTEMBER 2017, or at Satori Club on Race Day.
- 🕺 Special Satori Camel Run commemorative prize to all runners who finish.
- A Refreshments will be on sale before and after the race.
- ⊀ Tog bag facilities will be provided at owners' risk.
- For general race information, contact Craig Farham on 082 410 0261 or info@camelrun.co.za

FULL RULES

- This is a "BRING-YOUR-OWN-WATER" race: water will be provided en route at two refill points.
- 🕴 One race number (bib) will be issued to each runner.
- Registered athletes must wear their ASA licences on the front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA licence, so that the ASA licence sponsor remains visible.
- Temporary licenced runners must wear the race number on the front of their vest and the temporary licence on the back.
- Temporary licence holders when registering must complete and hand in the tear off strip from the temporary license in order to be eligible to compete.
- 🕴 Non-club runners should wear plain clothing without advertising.
- Participants may enter the age category corresponding to their chronological age or any younger category down to senior (20–39).
- Age category tags (e.g. 40, 50, 60, etc.) must be worn front and back AND VISIBLE AT ALL TIMES to qualify for age category prizes. Both permanent and temporary licenced athletes qualify for age category prizes provided athletes enter the relevant age group, wear appropriate age tags and provide proof of age.
- JUNIORS (born 1998 or later) wearing a junior or senior license must display 'J' category tags to qualify for age group prizes.
- A Participants must be **16 years or older** on the day of the race.
- A Race card will be printed as part of the race number this must be torn off and placed in the finishing position sleeve after completing the race. The sleeve is then to be placed on the finishing board.
- A Club colours must be worn to qualify for team prizes.
- For safety reasons the use of personal music players with headphones is not allowed. Use of such device in contravention of ASA rule 30.10.6, may result in disqualification.
- A No personal seconding will be permitted except at the water re-fill points.
- ⊀ Cut-off time for the race is 10h15.
- m I Only persons present at the prize giving will be eligible for lucky draw prizes.

PRIZES

KING AND QUEEN OF THE MOUNTAIN

Hampers

MEN AND WOMEN						
	16–19	Open	40–49	50-59	60–69	70+
1st	R250	R600	R400	R350	R350	R300
2nd	R150	R300	R250	R200	R200	R200
3rd	R100	R200	R150	R150	R150	

TEAM PRIZES (club colours to be worn to qualify)

Open Men: 4 x R250 Open Women: 4 x R250









WESTERN PROVINCE ATHLETICS Race flyers and results www.wpa.org.za wpa-subscribe@yahoogroups.com