





# SATORI CAMEL RUN 10 MILER CLASSIC (16.1 km)

## GENERAL INFORMATION

- A Race starts at 07h30 on Sunday 06 September 2015.
- A Race starts and finishes at the Noordhoek Sports Fields, off Noordhoek Main Rd.
- A Prize-giving takes place at 10h00 (cut-off time).
- ₹ This is a "BRING-YOUR-OWN-WATER" race
  - -There will be a refill point at the half-way mark.
- A The course has been measured by WPA using a Clane Jones device.
- A The race is run in accordance with ASA and WPA road event rules.
- - No additional fee for entering online!
  - R55 for licensed athletes.
  - R80 for unlicensed athletes.
  - Optional donation to our two charities, Tears and Living Hope
- - Open Monday, 27 July 2015.
  - Enter online at www.camelrun.co.za (no additional fee).
  - At 1200 entrants or at 12h00, Friday 7 August 2014.
  - No late entries will be accepted.
  - An additional 50 entries will then become available at R250 each, proceeds going to our two charities, Tears and Living Hope
  - Entries will be cancelled if payment is not received within 14 days.
- A The final entry:
  - The 1251st entry will be auctioned off to the highest bidder.
  - Minimum bid R250, proceeds going to our charities, Tears and Living Hope.
  - Auction will close at 12h00, Friday 28 August 2015.
  - Winning bid will receive a prize.
- ♣ Substitutions:
  - A fee of R50 will be charged for substitutions all goes to charity.
  - No substitutions after 28 August 2015.
  - All substitution entries only available for collection on race-day.
- A Race packages & pre-ordered T-shirts are to be collected from the Sportsman's Warehouses of your choice: Tokai, Rondebosch, Canal Walk or on Race Day.
- ♣ For general race information, contact Craig Farham on 082 410 0261 or info@camelrun.co.za
- A Only persons present at the prize giving will be eligible for lucky draw prizes.
- ♣ Special Satori Camel Run commemorative prize to all runners who finish.
- A Refreshments will be on sale after the race.

### **FULL RULES**

- This is a "BRING-YOUR-OWN-WATER" race The only water provided on route will be a refill point at the half-way mark.
- A Race numbers will be issued to all athletes; these must be worn on the EDONT of their west
- A Licensed athletes must run with a valid 2015 license on the BACK of their vest. Failure to comply will result in disqualification.
- 4 Unlicensed athletes must wear a temporary license number on the BACK of their vests: these will be included in their race packages.
- A Non-club runners should wear plain clothing without advertising.
- Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
- A Age category tags (e.g. 40, 50, 60, etc.) must be worn front and back AND VISIBLE AT ALL TIMES if athletes wish to be eligible for age category prizes, provided they enter the relevant age group, wear appropriate age tags and provide proof of age.
- A Participants must be 16 years or older on the day of the race.
- Juniors (born 1996 or later) wearing a junior or senior license must display "J" category tags to qualify for age group prizes.
- 🕹 Race card in bank bag to be pinned to shorts and placed in finishing position sleeve after completing the race. Sleeve then to be placed on finishing board.
- A Club colours must be worn to qualify for team prizes.
- ${\mbox{$\dot{A}$}}$  For safety reasons the use of personal music players during road races is strongly discouraged. Any person using such device in contravention of IAAF Rule 144.2b who fails to obey a reasonable instruction from a race official may be disqualified and shall not be eligible for individual or team prizes.
- 4 No personal seconding will be permitted except at the water re-fill point at half way.
- Cut-off time for the race is 10h00.
- Tog bag facilities will be provided at owner's risk.

#### PRIZES

#### MEN AND WOMEN

	16-19	OPEN	40-49	50-59	60-69	70+
1st	R200	R450	R350	R300	R300	R300
2nd	R100	R250	R200	R150	R150	R150
3rd	R50	R150	R100	R100	R100	

#### TEAM PRIZES (Club colours to be worn to qualify)

Open Men: 4 × R150 Open Women: 4 x R150

























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